

Died of Premature Old Age!

(BY V. M. PIERCE, M. D.)

How many times we hear of comparatively young persons passing away when they should have lived to be 70 or 80 years of age. This fatal work is usually attributed to the kidneys, as when the kidneys degenerate, it causes auto-intoxication. The more injurious the poisons passing thru the kidneys, the quicker will those noble organs be degenerated, and the sooner they decay.

To prevent premature old age and promote long life, lighten the work of the kidneys by drinking plenty of pure water all day long, and occasionally taking Anril (double strength) before meals. This can be obtained at drug stores. Anril will overcome such conditions as rheumatism, dropsical swellings, cold extremities, scalding and burning urine and sleeplessness due to constant arising.

TO BUILD UP AFTER GRIP, COLDS!

Quincy, Ill.—"About five years ago this spring I had a very bad attack of the Grip. I doctored to rid myself of it, but it seemed as though it would hang on forever. I had read of Dr. Pierce's Golden Medical Discovery and decided to give it a trial. It helped me right from the start, and four bottles made a new man out of me. Recently I became ill with another attack of Grip and I took the Discovery with the same good results."—G. C. WILLIAMS, 503 N. 11th St.

Dr. Pierce's Golden Medical Discovery, the herbal remedy, has had a fine reputation for 50 years. It contains no alcohol or narcotics. The ingredients are printed on the package. It is not obtainable at your druggists' and \$1.00 to Dr. V. M. Pierce, Buffalo, N. Y., and he will send you a large package of the tablets, or for fifty cents a smaller size.

HORSE SALE DISTEMPER

You know that when you sell or buy through the sales you have about one chance in a hundred of getting a horse with distemper. "SPORIN" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soon be rid of the disease. It acts as a sure preventive, no matter how they are "exposed." 50 cents and \$1.00 bottles. Write for full particulars. All good druggists, horse good houses, or delivered by the manufacturers.

SPORIN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

German Coal Supply Twice Britain's.

Professor Lettner, an Austrian, estimates that at the present rate of consumption the coal mines of Great Britain will be exhausted in 720 years, whereas Germany has enough coal, including the unworked territory, for eighteen hundred years.

"CASCARETS" ACT ON LIVER, BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box.

Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passage every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Friendship.

Mabel—Do you know anything about Tom Brown?

Arthur—Why, Tom is my best friend.

Mabel—I know that, but is he all right otherwise?

COVETED BY ALL.

but possessed by few—a beautiful head of hair. If yours is streaked with gray, or is harsh and stiff, you can restore it to its former beauty and luster by using "La Creole" Hair Dressing. Price \$1.00—Adv.

Floating Concrete Buys.

Floating buys made of concrete for mooring vessels have been invented by an Englishman.

Dr. Pierce's Favorite Prescription makes weak women strong, sick women well, no alcohol. Sold in tablets or liquid—Adv.

If you would have the respect of others begin by respecting yourself.

WHAT IS LAX-FOS

LAX-FOS IS AN IMPROVED CASCARA A DIGESTIVE LAXATIVE CATHARTIC AND LIVER TONIC

Lax-Fos is not a secret or Patent Medicine but is composed of the following old-fashioned roots and herbs:

CASCARA BARK
BLUE FLAG ROOT
RHUBARB ROOT
BLACK ROOT
MAY APPLE ROOT
SENNA LEAVES
AND PEPSIN

In LAX-FOS the CASCARA is improved by the addition of these digestive ingredients making it better than ordinary CASCARA, and thus the combination acts not only as a stimulating laxative and cathartic but also as a digestive and liver tonic. Syrup laxatives are weak, but LAX-FOS combines strength with palatable, aromatic taste and does not gripe or disturb the stomach. One bottle will prove LAX-FOS is invaluable for Constipation, Indigestion or Torpid Liver. Price 50c.

Farm Hands Wanted

Western Canada Farmers require 50,000 American farm labourers at once. Urgent demand sent out for farm help by the Government of Canada.

Good Wages Steady Employment
Pleasant Surroundings Comfortable Homes
Low Railway Fares
No Compulsory Military Service

Farm hands from the United States are absolutely guaranteed against conscription. This advertisement is to secure farm help to replace Canadian farmers who have enlisted for the war.

A splendid opportunity for the young man to investigate Western Canada's agricultural offerings, and to do so at but little expense.

Only Those Accustomed to Farming Need Apply

For particulars as to railway rates and districts requiring labour, or any other information regarding Western Canada apply to

G. A. Cook, 2012 Main St., Kansas City, Mo.; C. J. Broughton, Room 412, 112 W. Adams St., Chicago, Ill.

Canadian Government Agents

CZAR ABDICATES AFTER BIG REVOLT; MONARCHY ENDS

Nicholas Gives Up Throne Both for Himself and the Czarevitch.

RUSSIA IS NOW A REPUBLIC

Simultaneous Uprisings in Petrograd and Moscow—Empress Placed Under Guard—Emperor Heeds Demand to Quit—Soldiers Join Revolutionists and Two Statesmen Are Slain.

Petrograd, March 16.—Czar Nicholas II has abdicated the throne of Russia, both for himself and the twelve-year-old czarevitch, Grand Duke Michael Alexandrovitch, his brother, who had been decided upon originally to be regent, also has abdicated.

This ends the dynasty of the Romanoffs.

Russia now is virtually a republic.

Monarchy is Abolished.

The executive committee of the duma issued a manifesto stating that the government of Russia will be handed for three months by a committee of twelve. For the time being, it is stated, the monarchy has been abolished. Councils of nobility in fifteen provinces have endorsed the revolutionary government.

Corrupt Ministry Ousted.

The Russian ministry, charged with corruption and incompetence, has been swept out of office.

One minister, Alexander Protopopoff, head of the interior department, is reported to have been killed, and the other ministers, as well as the president of the imperial council, are under arrest.

A new national cabinet is announced, with Prince Lvoff as president of the council and premier, and the other offices held by the men who are close to the Russian people.

No Peace Movement.

The duma joined hands in the revolt which aimed at the reactionary conduct of the war and the ineffective distribution of food. Its success means a more aggressive part in the war and is said to put an end to German hopes for a separate peace with Russia.

The British and French ambassadors here already have established official business relations with the new cabinet and with the executive committee named by the duma. It was this committee that forced the czar's abdication.

Czar on Way From Front.

London, March 19.—A Reuter dispatch from Petrograd says that the emperor is expected to arrive at the Tsarskoe-Selo palace and that several regiments with artillery are hastening to the same place.

The Grand Duke Nicholas is reported to have reached the Russian capital. The dispatch says that he will probably take command of the troops. According to information received here the Russian people have been most distrustful during recent events of the personal influence of Empress Alexandra. She was supposed to exercise the greatest influence over Emperor Nicholas.

The Empress Alexandra, before her marriage to the emperor of Russia in 1894, was the German Princess Alix of Hesse-Darmstadt.

A popular revolution has been successful and the government of Russia rests temporarily with a self-appointed committee of the duma.

After three days of battle, in which the majority of the 30,000 troops in Petrograd maintained and supported the revolutionists, calm has returned. The czar's abdication was in compliance with the urgent demand of the committee of the duma, which notified him that upon his assent depended the fate of the dynasty.

Troops Back the Duma.

Telegraphing from Petrograd Wednesday, Reuter's correspondent says Kronstadt, the fortress and great naval station at the head of the Gulf of Finland, 20 miles west of Petrograd, has joined the revolutionary movement. Two deputies, Popelau and Tashkin, on instructions from the duma committee, proceeded to Kronstadt, where the troops placed themselves at the disposal of the duma.

The Copenhagen Ekstribuder reports that the Russian consul in Haparanda, Sweden, says that former Premier Sturmer and Minister of the Interior Protopopoff were killed in Petrograd. Both were charged with pro-German sympathies.

New Cabinet Announced.

A new national cabinet is announced, with Prince Lvoff as president of the

EAGER TO PROSECUTE WAR

English Correspondent Asserts That All Classes of Russians Favor Continuation of Hostilities.

London, March 19.—Reuter's Petrograd correspondent sent the following dispatch concerning the Russian revolution under date of March 14:

"Your correspondent has been in the streets both night and day for the last three days. He has seen long lines of hungry men, women and children, and

HAS HAD CHECKERED CAREER

New Russian Foreign Minister at One Time Exiled to Siberia—Four Years Chicago Professor.

Chicago, March 19.—Paul N. Milukoff, new foreign minister of Russia, has been regarded for years as being "the most cordially hated man in Russia"—from the standpoint of the czar. He was for years leader of the constitutional democratic party, and in 1901 was banished from Russia for po-

council and premier, and the other offices held by the men who are close to the Russian people.

The members of the new national cabinet are announced as follows:

Premier, President of the Council and Minister of the Interior—Prince Georges E. Lvoff.

Foreign Minister—Prof. Paul N. Milukoff.

Minister of Public Instruction—Professor Manuiloff of Moscow university.

Minister of War and Navy, ad interim—A. J. Guchkoff, formerly president of the duma.

Minister of Agriculture—M. Ichingareff, deputy from Petrograd.

Minister of Finance—M. Torschenko, deputy from Kiev.

Minister of Justice—Deputy Kereniski of Saratoff.

Minister of Communications—N. V. Nekrasoff, vice president of the duma.

Controller of State—M. Godneff, deputy from Kazan.

Control is Complete.

That control by the new government is complete is undoubted. Telegrams from generals commanding at the various fronts have displayed an astonishing unanimity of support of the new order.

Sunday it broke forth in flame. Panic-stricken, the government ordered the mounted patrols to fire on the people. The patrols refused, and a battle between the police and the troops followed, regiment after regiment joining the revolutionists, seizing and throwing the heads of the secret police into prison.

For three days open battle raged in the streets of Petrograd. Strikes in factories and on street cars were called in sympathy with the revolution.

Wednesday the week's nightmare of revolution ended more suddenly than it had begun. Planks were pulled from windows, doors were unbarred, factories, stores and banks reopened.

500 Slain in Revolt.

The only evidence that a revolution had been fought and won was the smoldering ruins of a few public buildings. The cost in life is unknown. It is believed, however, that it did not exceed 500.

Magical and sudden as was the transition from the old to the new, it is believed here that its results will be almost immediately visible in the institution by the new Russia of a more vigorous and efficient prosecution of the war against Germany.

The duma telegraphed the principal generals at the front to use their influence with Emperor Nicholas in support of the duma's appeal for a popular government, says Reuter's Petrograd correspondent.

General Brussloff, commander in chief of the armies on the southwestern front, replied:

"Your telegram received. I have fulfilled my duty to my emperor and my country."

Gen. Nicholas V. Ruzsky, member of the supreme military council, replied:

"I have carried out your request."

M. Rodzianko, president of the duma, sent the following telegram to Emperor Nicholas:

"The situation is becoming worse. Measures must be taken immediately. For tomorrow it may be too late. The hour has arrived when the fate of the country and of the dynasty is being decided."

M. Chichegovitch, president of the council of empire, was arrested in his home and temporarily held in the ministerial room of the duma.

The revolution, which evidently was carefully prepared, broke out simultaneously in Petrograd and Moscow. The garrisons, which obeyed the instructions of the revolutionaries, immediately took possession of these cities after comparatively little fighting and equally small amount of destruction of property.

Petrograd Bridge Blown Up.

In Petrograd one bridge was blown up. Strict military rule prevails and the army has the situation so well in hand that it is not expected adherents of the late government will be able to offer any serious resistance, even in remote provinces.

After receiving word of the revolution, it is reported, Emperor Nicholas returned to the palace, where he arrived on Wednesday.

The following details of the revolution have been given to the press from a source usually well informed on Russian affairs:

"The soldiers refused to act against the crowd which started trouble when it heard of the ukase issued by Emperor Nicholas proroguing the duma. On Sunday the committee which had met to discuss the food situation was partly transformed into a provisional government under the presidency of President Rodzianko of the duma and included representatives of the duma council of the empire and of the municipality. The garrison agreed to support the provisional government."

The proclamation by the military governor in Petrograd forbidding any street assemblies and declaring that any disorders would be ruthlessly suppressed made it apparent that affairs were gravely threatened. The dispatches allowed by the Russian censorship would indicate.

has seen the wanton firing of rifles and machine guns, and civil war in the main thoroughfares, but has not heard a single word against war.

"A shortage of food, the lack of organization and the neglect of the most elementary precautions are popularly ascribed to German influences. This is a word of provocation on every lip. The killing of Rasputin was the match that set fire to the vast heap of patriotic determination that Russia would deserve well of her allies if she would give herself the chance.

littled views expressed while a member of the faculty of the University of Moscow.

He was in exile for two years, the result of which was his "History of Russian Culture."

After his banishment he came to Chicago and became professor of Russian history at the University of Chicago, a position which he relinquished four years later to return to Russia.

Milukoff's influence upon European opinion outside of Russia has been great.



FARM STOCK

PLACE FOR FARROWING SOWS

That Animal May Not Be Disturbed She Should Be Kept Separated From Other Swine.

The less a sow is disturbed at farrowing time the better, and for this reason she should be kept separate from the other swine. While someone should be on hand, unless she needs assistance, it is best to keep away from her. If it does become necessary to help, do it as quietly as possible. As the pigs are not able to take much milk, the flow should not be stimulated for a few days. Give the sow plenty of water, as she is in feverish condition, but take the chill off it if the day is cold.

It is not necessary to feed the sow for a day or two, and the first feed given should consist of a small amount of thin slop, which should be gradually increased as the pigs become able to take more milk. In two weeks' time she should be on full feed, which should consist of a good, laxative, milk-producing ration. There is no better way of feeding the pigs than through the mother, so feed the sow for the greatest amount of milk.

ARRANGE QUARTERS FOR RAM

His Rough Treatment of Ewes Is Source of Great Loss to Farmer—Keep Him Separated.

Allowing the ram to stay with the ewes through the winter and spring until lambing or shearing time is not always the best practice. It's good for the ram in case the ewes are well fed; he will get the lion's share, occupy the space for three ewes at the trough and rack, and grow fat and abusive. He will choose to eat where the ewes have peacefully found themselves up rather than take an open place where feed is untouched, writes R. A. Hayne in National Stockman and Farmer. He stalks about and bunts the ewes out of his way on all occasions.

His rough treatment, bunting his way and crowding up to feed racks is a source of abortions and premature births.

Sheep values justify every care to increase numbers and values of next year's lamb crop.

Better arrange to put his ramship in other quarters than the ewe fold.

That doesn't mean to isolate him in some small, dark, damp corner of the barn basement or to exile him to a back lot without shelter or regular feed.

ERADICATE ALL OX WARBLER

Hides Are Lessened in Value and Milk Production Decreased by Presence of Ox Warblers.

When you find small lumps on the back of an animal with round openings in them, squeeze them and the grub that burrows under the hide will be found. These are ox warblers. Kill them, for they are one link in the life cycle of the ox warble fly.

Hides are reduced in value from 1 to 2 cents a pound by the presence of ox warblers. Flesh is sometimes so damaged as to be unfit for sale. Milk production is lessened by the presence of numerous grubs. Cattle in general are annoyed seriously by these warblers. Removing and destroying all the grubs from infested cattle will reduce the number of egg-laying females for next summer.

SUBSTITUTE SILAGE FOR HAY

Can Be Safely and Profitably Done in Rations for Horses and Mules, Says Missouri Station.

Silage can be safely and profitably substituted for a part of the hay in the ration for work horses and mules at the rate of two pounds for one pound of hay, is the conclusion reached by the Missouri station after two years' trials.

HORSE CARE IN WET WEATHER

First Scrape Animal, Then Blanket Him, Giving Good Rubbing—Keep Legs Warm and Dry.

When the horse comes in wet with rain, first scrape him, then blanket him, and rub his head, neck, loins and legs. If the weather is cold put on an extra blanket in 20 minutes. Change the wet blanket when the horse dries. It is important to have the legs warm and dry.

Good Crops and Profits.

A good acreage of corn, which means plenty of feed; and a good bunch of cattle, which means plenty of fertilizer for the land, together mean good crops and reasonable farm profits.

Hog Health Insurance.

Always remember that a sick hog is hard to cure, but a well hog is easy to keep well. Hence good feed, pure water, pure air, sunlight, exercise and proper sanitary conditions are the chief factors in hog-health insurance.

W. L. DOUGLAS

"THE SHOE THAT HOLDS ITS SHAPE"

\$3 \$3.50 \$4 \$4.50 \$5 \$6 \$7 & \$8

Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers.

The Best Known Shoes in the World.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price by return mail, postage free.

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.

W. L. Douglas \$3.00 \$2.50 & \$2.00

President W. L. Douglas Shoe Co., 185 State St., Brockton, Mass.

Covers for Plants. Folding covers, easily put into use, have been invented for protecting plants from cold.

FRUIT LAXATIVE FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Adv.

A French inventor's collapsible boat can be folded and carried within an ordinary suitcase.

CLEAR YOUR COMPLEXION

While You Sleep With Cuticura Soap and Ointment—Trial Free.

On retiring, gently smear the face with Cuticura Ointment, wash off in five minutes with Cuticura Soap and hot water, and continue bathing a few minutes with the Soap. The influence of this treatment on the pores extends through the night.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere—Adv.

Love is never satisfied until it gets both arms full.

SOAP IS STRONGLY ALKALINE and constant use will burn out the scalp. Cleanse the scalp by shampooing with "La Creole" Hair Dressing, and darken, in the same way, those ugly, grizzly hairs. Price, \$1.00—Adv.

Kisses that are not intoxicating are the kind that drive a man to drink.

The Quinine That Does Not Cause Nervousness or Ringing in Head

Because of its Tonic and Laxative effect, LAXATIVE BROMO QUININE can be taken by anyone without causing nervousness or ringing in the head. It removes the cause of Colds, Grip and Headache. Used whenever Quinine is needed.

—but remember there is Only One

"Bromo Quinine"

That is the Original

Laxative Bromo Quinine

This Signature on Every Box

Used the World Over to Cure a Cold in One Day. 25c.

Maker also of the Old Standard Grove's Tasteless Chilli Tonic

Canada Offers 160 Acres Free to Farm Hands

Bonus of Western Canada Land to Men Assisting in Maintaining Needed Grain Production

The demand for farm labor in Canada is great. As an inducement to secure the necessary help at once, Canada will give

ONE HUNDRED AND SIXTY ACRES OF LAND FREE AS A HOMESTEAD

and allow the time of the farm laborer, who has filed on the land, to apply as residence duties, the same as if he actually had lived on it. Another special concession is the reduction of one year in the time to complete duties. Two years instead of three as heretofore, but only to men working on the farms for at least six months in 1917. This appeal for farm help is in no way connected with enlistment for military service but solely to increase agricultural output. A wonderful opportunity to secure a farm and draw good wages at the same time. Canadian Government will pay all fare over one cent per mile from St. Paul or Duluth to Canadian destination. Information as to low railway rates may be had on application to

G. A. Cook, 2012 Main St., Kansas City, Mo.; C. J. Broughton, Room 412, 112 W. Adams St., Chicago, Ill.

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